

Jan
2016

SiskiyouUnity

Next District Meeting

February 7, 2016

Fairchild Medical Center (Conference Room)
444 Bruce Street
Yreka, CA

Happy New Year. We have an exciting year ahead. First, I would like to thank Lance V. for his commitment and dedication as the Panel 64 DCM. I look forward to his continued involvement and support of District 09.

CNIA 07 will be holding the Winter Assembly on January 16-17 in Redding. If you are interested in attending please let me know at (530) 340-0752. In May we will be hosting the Post Conference Assembly in Mt. Shasta. If you want to be involved contact Mary H., Chair of the Post Conference Assembly committee at (916) 202-1182.

As many of us transition from serving as a GSR to serving in a position at the District level, I hope we do not lose the voice of the groups, which has always been vital to our purpose. Please let it be known at the group level that we welcome new GSRs to fill the many current vacancies. Having a GSR is one way to guarantee that the group's individual voice is heard.

Yours in love and service,
Cindy W.



"I guess you really have tied one on!"
—Fred F., Albany, N.Y.

**Unity now accepting stories of your experience
strength and hope. Send letters to Unity editor at
thomasaxler@gmail.com or mail to Unity Editor
PO Box 991 Yreka CA 96097**



AA EVENTS

CNIA and District 11 2016 Winter Assembly January 16-17
Senior Citizen Center, 2290 Benton Drive, Redding, CA
cniadistrict11winterassembly@gmail.com

Shasta Winterfest, January 29-31, 2016
Holiday Inn on Hilltop, Redding, CA shastawinterfest.com

GSR School immediately following next DCM Meeting 9:00 am 2/7/16
Fairchild Medical Center, Conference Rm, 444 Bruce St., Yreka, CA
DCM Meeting 9-10:30 am, GSR School 10:30-11:30 am

So. Siskiyou Roving Group will have a speaker meeting the second Saturday of every month at the same location of the weekly meetings, Saturday, Mt. Shasta, 7-8:15pm.

NOTE- Please send info on upcoming events one month in advance if you would like them in the Unity. You can send PDF, Word document or Publisher to Unity Editor Lisa at thomasaxler@gmail.com with date, time, location, and summary of event so it may be put in the Unity newsletter. Please put "Unity" in the Subject Line. Thanks- Lisa T. Editor

| <u>DISTRICT 09 TREASURER'S REPORT</u> | | | |
|--|----------------------|----------------------|-----------------------|
| December 2015 | | | |
| | <u>Income</u> | <u>Debits</u> | <u>Balance</u> |
| <u>Beginning Balance:</u> | | | 628.96 |
| <u>Contributions:</u> | | | |
| District Mtg 7th Tradition | 15.00 | | |
| <u>Total Contributions:</u> | 15.00 | | 643.96 |
| <u>Expenses:</u> | | | |
| Intergroup Representative Travel Exp. | | 25.00 | |
| <u>Total Expenses:</u> | | 25.00 | 618.96 |
| Prudent Reserve: | | 300.00 | 318.96 |

1st Step- *We admitted we were powerless over alcohol – that our lives had become unmanageable.*

1st Tradition- *Our common welfare should come first; personal recovery depends upon A.A. unity.*

Concept I- *Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.*

District 09 Business Meeting
December 1, 2015
Dignity Health

The meeting was called to order at 10:06 by DCM Lance V. Lance announced that the meeting was being recorded to aid in minute taking. The Serenity Prayer followed a moment of silence.

Attendance:

In attendance were Mike P., Maureena, Lance, Jenn (Area 07 Alternate Chair elect), Cindy, Lisa, Mary, Marsha, Mike H., Cheryl and Chris.

Approval of Agenda:

It was moved by Mary and 2nd by Cheryl to approve the December agenda as submitted.

GSR Preamble: Cheryl

12th Tradition: Marsha

12th Concept: Lisa

Approval of November Minutes:

The November minutes were corrected to read "Made a Decision Group", not "Made a Decisions Group." It was moved by Marsha and 2nd by Mary to approve the minutes as corrected.

GSR Reports:

Way-Out-Ding-a-Lings Group: Cindy reported attendance has decreased, Jill new group treasurer, GSR election in two weeks, finances good.

Ft. Jones Group: Mary reported she had been unable to attend all meetings the past month. Many members meet in Ft. Jones for dinner prior to meeting, 3 newcomers, bills paid.

Friday Night Primary Purpose Group: Marsha reported everything going well, made contributions recently, attendance good, looking for new GSR.

Guys n Gals Group: Chris reported attendance 10-12, Nazarene Church raised rent from \$50 per month to \$15 per meeting, no home group members, business meeting next Thursday.

Saturday Nite Live Group: Mike P. reported group doing well, paid \$195 rent last quarter, already have rent for January, attendance good, 1st Saturday of every month a Tradition meeting.

Thursday Night Sober Sisters: Cheryl reported Episcopal Church not concerned with amount of rent paid, \$10 small meeting \$20 for a large meeting. Attendance down 5-6, met Thanksgiving with 4 members present, finances ok, group purchased literature, will soon be making contributions.

Made a Decision Group: Maureena reported the group has not been able to locate a larger meeting location, great group, rent paid through December, group treasury of \$360 designated mostly to contributions and literature.

Siskypaa Report:

Mabel passed away due to aneurism.

Intergroup Report:

Mike H. reported he will add new contact information to updated 12 step call list and bring next month. There has been some turnover of the phone answering volunteers. Alano club will be holding marathon meetings Christmas Eve, Christmas day, New Year's Eve and New Year's Day. December 12th is Intergroup Christmas party. Winterfest January 29-31.

Unity Report: Lisa expressed her appreciation to those who turned reports in early. Next month will update contact information for next panel.

PICPC:

Mike P., PICPC Chair-elect, reported he wrote article for December Unity. He is conducting a court offenders program, has asked that meeting schedules be tri-fold in order to fit in brochure racks. He will be requesting assistance.

Grapevine: Vacant

BTG:

Cheryl, BTG Chair elect, stated she had nothing to report, will be calling Maureen from District 11 for assistance.

Registrar's Report:

Marsha, Registrar elect, had nothing to report.

District 09 Business Meeting

December 1, 2015

Dignity Health

Page 2

DCM Report:

DCM Lance stated he went to the Elections Assembly in Fresno with two GSRs. The Area 07 officers elected were: Delegate-Vikki, Alternate Delegate-Mike K., Chair-Tom, Alternate Chair-Jenn, Treasurer-John, Secretary-Matthew and Registrar-Betsy. In January the Chair will make appointed positions – Lance has made himself available.

7th Tradition Observed

Break

Old Business:

Old business discussed included Elections Assembly, Elections Panel 66-District 09 and Tom's Unity.

New Business:

It was the group conscience to go ahead with a new tri-fold meeting schedule. Winter Assembly will be January 16-17 in Redding.

Post Conference Assembly:

Mary stated she had nothing new to report. Mary did state that more volunteers are needed to go into the jail.

Meeting adjourned at 11:06 with "I Am Responsible."

"I came; I came to; I came to believe (steps 1,2,3)"

| District 09 Contact list | Phone | Email |
|---------------------------------|--------------|--------------------------------|
| DCM — Cindy W. | 530-340-0752 | dcm.District09@Gmail.com |
| DCM Alt.—Sabrina G. | 530-598-1463 | Bigtranchbrie@gmail.com |
| Treasurer — Mary H.. | 916-202-1182 | Treasurer.District09@Gmail.com |
| Recording Sec. — Cindy W. | 530-340-0752 | Secretary.District09@Gmail.com |
| PI/CPC Chair — Mike P. | 530-842-2945 | |
| PI/CPC Alt. — Vacant. | | |
| Intergroup Liaison — Chris | 530-926-2397 | chrisreeschia@gmail.com |
| BTG Rep—Cheryl D. | 415-308-1967 | cheryldickason@hotmail.com |
| Grapevine Rep — Lee | 530-964-2058 | enloe337@frontier.com |
| Unity Ed.— Lisa T. | 530-643-0428 | thomasaxler@gmail.com |
| Unity Ed, Alt—Marsha F. | 530-598-8605 | mfickert@sisqtel.net |
| Registrar— Marsha F. | 530-598-8605 | mfickert@sisqtel.net |
| Distr. 7 Intergp Liaison—Mike | | mhhii@aol.com |

Northern California

Intergroup
1050 State Street
Redding CA, 96099

Every group is encouraged to send a representative to the Intergroup. Meetings are held from 5:30-7:00pm the 4th Tuesday of each month at the New Library near the Alano Club. 1100 Parkview, Redding, CA

Your Intergroup Office Provides:

A current directory of meetings
 24hr phone line for meeting information
 24hr phone line for 12 Step calls
 A convenient central location to purchase AA books and pamphlets at cost
 A monthly newsletter mailed to your group
 And an extensive speaker tape lending library
 (copies may also be purchased)
 Web site with AA information
www.aanorcal.org
Service position available: Intergroup Editor
 Nor Cal 24hr Info line for District 9
(530) 225-8955
 To contact Al-anon please call:
Lois @ 859-1303

7th Tradition Addresses

Inter-group

Nor-Cal Intergroup Office
 PO Box 991107
 Redding, Ca 96099-1107
 Please make check payable to Inter-group

California Northern Interior Area 07

CNIA 07
 P.O. Box 161712
 Sacramento, CA 95816-1712
 Please make check payable to CNIA 07

District 09

PO Box 991
 Yreka, Ca 96097
 Please make check payable to District 09

General Service Office

P.O. Box 459/Grand Central Station
 New York, NY 10163
 Please make check payable to G.S.O.

As part of our 7th Tradition we are encouraged to help support all of AA's service entities. Please see one of the conference approved pamphlets for guidelines on giving to these service entities

Useful AA Web Sites

<http://aa.org> <http://cnia.org> <http://aagrapevine.org>
<http://siskiyountyalcoholicsanonymous.wordpress.com/>

For meeting times and places in your area call: 530-225-8955 or <http://siskiyountyalcoholicsanonymous.wordpress.com>

BIRTHDAY CLUB !

Celebrate you're A.A. Birthday by joining the Birthday Gratitude Club! Simply contribute \$1 for each year of sobriety. The Club \$\$ will be used to support a strong and effective District Committee. Do your part to assure that the help you received will also be available to other alcoholics. Make this an Annual Event!! Celebrate you're A.A. Birthday with a show of GRATITUDE Join Our Birthday Gratitude Club or Make a Contribution for a Friend!

Name Sober Date

| | | |
|-----------------------|---------|------------|
| Larry B. | 34 Yrs. | 11/29/1981 |
| Dean S. | 27 Yrs. | 03/11/1988 |
| Expect a Miracle | 27 Yrs. | 11/20/1988 |
| JoAnna E. | 26 Yrs. | 02/20/1989 |
| Debbie D. | 26 Yrs. | 01/19/1990 |
| Shirley M. | 17 Yrs. | 08/20/1998 |
| Chris R. | 9 Yrs. | 05/12/2006 |
| Catrina L. | 8 Yrs. | 10/07/2007 |
| Kenny J. | 5 Yrs. | 03/01/2010 |
| Christine T. | 3 Yrs. | 05/03/2012 |
| Frances L | 12 Yrs. | 08/12/2003 |
| Bud K | 34 Yrs. | 11/24/1981 |
| Primary Purpose Group | 28 Yrs. | 05/30/1987 |
| Eve T. | 28 Yrs. | 05/28/1987 |
| Mike F. | 32 Yrs. | 06/15/1983 |
| Marga F. | 18 Yrs. | 05/03/1997 |
| Shirley M. | 17 Yrs. | 08/28/1998 |
| Richard | 4 Yrs. | 09/14/2011 |
| Aimee V. | 22 Yrs. | 10/06/1993 |

Send your Information to:
 CNIA District 09
 PO Box 991
 Yreka, CA 96097



SUGGESTED CONTRIBUTION — \$1.00 FOR EACH YEAR SOBER!

DEAD- WOOD and INTERMOUNTAIN H & I REPORTS

For January, 2016 Facility Coordinator: Frank C.

| Deadwood Contact Chair's | | | |
|--------------------------|------------|-----------|-----------|
| Bill R. | Ted C. | Chris R. | Lloyd M. |
| Janet M. | Norbert K. | Jaimie W. | Haskel C. |
| Frank C. | Mike P. | | |

To Peter S., Coordinator small fire-camp prisons in N. CA. H&I:

Peter, here is my most current report of what's happening at the Deadwood Fire Camp prison in Siskiyou Co. A couple of months have went by since the last of our regular group of inmates who were coming to the meetings in Deadwood got out. There was a slump of inmates coming to meeting for several weeks. But in the past month now inmates have started to come to the meetings there. There have been from four to one and two inmates coming at a time. At least one inmate told our contact chairs there that he'd be there every time possible. That's great news. When I last went inside there we had seven inmates at the meeting. One note though....the prison has started sending inmates to the meeting who say that they do not have an alcohol problem. So we will see how that all works out. When I went in the guards announced our meeting as NA/AA and I corrected them fast about that and told them that we are only AA....

I've given up my position of going in on a regular basis at Deadwood as there are more AA members who wish to join us and go into Deadwood than we have vacancies. Most recently we have finally gotten Mike P. cleared. He is a great addition to our team. Mike is a previous contact chair there as well as a previous coordinator. Several years back Mike was also our H&I Area Chair and a previous Regional Chair.

I have elected myself to go into Deadwood on the months with a fifth Monday so I will schedule Mike to go with me for the time being. We have such a dedicated crew at Deadwood that there just are no vacancies to add anyone on the schedule at this time.

But.....consequently, we have no black nights either. These men and women are completely dedicated to carrying the message of hope to those inmates. I've been involved in AA service for over twenty five years and I've never seen a more dedicated bunch of alcoholics anywhere!

Next is my report for what's happening in Intermountain Fire Camp prison in Lassen County.

| | | | |
|-------------------|--------------------------------------|-------------------|----------|
| | Intermountain Contact Chair's | | |
| Ted C. | Bill R. | Mark R. | Frank C. |
| Steve G. (Scotty) | Bob F. | Dave H. (Pending) | |

As you already know it's a long drive for me at 110 miles one way. It's also going to be a challenge this winter because to get there it's a ride over five mountain passes / summits that top out at 4300 feet and over. Very beautiful drive. I don't mind it at all. But snow has become a problem for a few months. At this time, we've only had one time where we didn't get to the meeting.

Not to worry though as I've arranged to let the prison know if we cannot make it.

Still, the guys are coming to our meetings there. We have never had a meeting yet where no inmates have showed up for it. We currently have four guys going to the prison meetings in Intermountain including myself. Ted C. and Bill R. are neighbors and they go both ways, meaning to Deadwood where one of them drives and to Intermountain where the other drives. They are becoming a very dedicated H&I team. They go to the prison every first Tuesday of each month.

Then we have Mark R. Mark is a dedicated H&I member who is taking the meeting into Intermountain on the second Tuesday of each month. Mark has a long drive to do this but he's also dedicated to doing it and from what the inmates tell me he's doing a great job! Next I go currently the third, fourth, and any fifth Tuesdays of each month. This is truly a joy for me. Sometimes I take someone who is cleared with me and sometimes not.

Bob F. has taken a commitment to go once a week to Intermountain and has went with me once. Scotty has been cleared and has yet to make it to the prison meeting.

I have one member of AA waiting to be cleared for Intermountain. Dave H. will be a very welcome addition to our group taking our message of sobriety to those who are incarcerated.

So things are working well at Intermountain and I love those inmates who are coming. We have four who have been coming regularly. And though one was recently transferred to Alder Camp another has come forward and is coming to the meetings regularly.

Now one last thing on this long-winded report. As you already know one of our Deadwood H&I Volunteers has moved. That would be Tom C. Now Tom and I have spoken since he moved and he may very well get involved in carrying the message of hope to another fire-camp close to where he has moved which does not have an AA meeting there at this time. How great is that?! If he does you'll, of course, be the first to know....

Peter, I thank you for all your efforts at coordinating these fire-camp prisons. I can see that it would take time and effort to do a good job with all of them. I applaud you because you are doing more than a good job, you are doing a great job!

Thank you.

Frank C.

cc:Kent T, Reginal Chair

ccc:Karen C, General Chair

THURSDAY

DUNSMUIR

6:00-7:00pm B Dunsmuir Group
St. John's Hall
5603 Shasta Ave.
Cross street: Willow St.

MT. SHASTA

12:00-1:00pm Three-In-One Group
Methodist Church (up the ramp)
312 W. Alma

7:00-8:15pm M Men's Stag Meeting
Methodist Church (up the ramp)

312 W. Alma

7:00-8:00pm W Sober Sisters

St. Barnabas Episcopal Church
701 Lassen Lane

YREKA

12:00-1:00 pm Discussion meeting

Yreka Community Resource Center
201 S. Broadway

7:00-8:00 pm Guys and Gals Group

Church of the Nazarene
415 Evergreen Lane

FRIDAY

DUNSMUIR

12:30-1:30 pm Ninth Tradition Group
St. John's Hall
5603 Shasta Ave
Cross street: Willow St.

FRIDAY (cont.)

MT. SHASTA

7:00-8:30 pm Expect A Miracle
Mercy Hospital (Mt Eddy Room)
914 Pine St

WEED

7:00-8:15 pm Made A Decision Group
Mercantile Mall
590 Main St.

YREKA

12:00-1:00 pm Discussion meeting
Yreka Community Resource Center
201 S. Broadway

7:30-8:30 pm C Primary Purpose Group

Church of the Nazarene
415 Evergreen Lane

SATURDAY

MT. SHASTA

10:00-11:15am W Saturday Sisters
St. Anthony Parish Hall Annex
Pine St. & W. Alma (access in Alley)

7:00-8:15 pm So. Siskiyou Rowing

Speaker every second Saturday
St. Anthony Parish Hall Annex
Pine St. & W. Alma (access in Alley)

YREKA

7:00-8:30 pm Saturday Nite Live
Church of the Nazarene
415 Evergreen Lane

ALCOHOLICS ANONYMOUS

SISKIYOU COUNTY, DISTRICT 09

MEETING SCHEDULE

December 10, 2015



PHONE NUMBERS:

To contact **Nor Cal 24 Hour Info Line** for District 9 call
(530) 225-8955

Any changes to this schedule: e-mail: mlr.ler@sigtel.net

For On Line schedule:
<http://siskiyouno.utryccho.lesanonymus.wordpress.com/>
Call pl# on website to report changes to online schedule

Key: C= Closed to alcoholics only, W= Women,
M=Men, B= Book study, Blank= Open

SUNDAYDUNSMUIR

4:00-5:00 pm W Women on the Wagon
Last Sunday of month only (birthday meeting)
St. John's Hall
5603 Shasta Ave., Cross street: Willow St.

MT. SHASTA

8:00-9:15am Sunday Morning Recovery
Mercy Hospital (Mt. Eddy Room)
914 Pine St.

7:00-8:00pm B S.A.S.T.O. Big Book

St. Anthony Parish Hall Annex
Pine St. & W. Alma (Access in alley)

YREKA

12:00-1:00 pm Discussion meeting
Fairchild Medical Center Conference Room
444 Bruce Street

MONDAYDUNSMUIR

6:00-7:00 pm B Dunsmuir Group
St. John's Hall
5603 Shasta Ave., Cross street: Willow St.

HORN BROOK

5:30-6:30 pm Hornbrook Specials
KRCE Campground
4603 Copco Road (on Whitefish Rd.)

MT. SHASTA

12:00-1:00pm CB How It Works Big Book
Methodist Church (up the ramp)
312 W. Alma

MONDAY (Cont.)MT. SHASTA

7:00-8:00pm B Mixed Bag 12X12 Study
Mercy Hospital (Mt Eddy Room)
914 Pine St.

YREKA

5:30-6:30pm W Women's Easy Does It
400 Hiram Page Road
Oakridge Mobile Estates Club House

TUESDAYFORT JONES

7:30-8:30pm Tuesday Night Group
Scott Valley Community Resource Center
11920 Main St.

GREENVIEW

7:00-8:00pm C Middle of the Road
Senior Oaks Center
Quartz Valley Dr. and Main St.

LAKE SHASTINA

7:00-8:00pm B 12x12 Study Group
Speaker meeting First Tuesday of month

Lake Shastina Community Center
15244 Driftwood Lane

MT. SHASTA

7:00-8:15pm High Rails Group
St. Barnabas Episcopal Church
701 Lassen Lane

WEDNESDAYFORT JONES

6:30-7:30 pm B Big Book Study
City Hall
11960 East Street

MC CLOUD

7:00-8:00 pm Mt. Serenity Group
St. Joseph Catholic Church
West Colombero and California St.

MONTAGUE

6:00-7:00pm Discussion meeting
Montague United Methodist Church
150 South 12th Street

MT. SHASTA

12:00-1:00pm B Three-In-One 12X12
Methodist Church (up the ramp)
312 W. Alma

7:00-8:15pm Wednesday Night

Candlelight speaker meeting
St. Barnabas Episcopal Church
701 Lassen Lane

YREKA

12:00-1:00 pm Discussion meeting
Yreka Community Resource Center
201 S. Broadway

7:30-8:30pm Way Out Ding-A-Lings

1836 Apsuun (in Karuk Tribal housing offices)

Key: C= Closed to alcoholics only, W= Women,
M=Men, B= Book study, Blank= Open